



# LANDLUBBER LAMB STEW

## INGREDIENTS

- 1 lb [Sinclair Family Farm lamb shoulder](#), cubed
- 2 tbsp olive oil
- 1 onion, chopped
- 2 carrots, sliced
- 2 potatoes, diced
- 2 cups beef broth
- 1 tsp rosemary
- Salt and pepper to taste

## METHOD

- Brown lamb in oil.
- Add onion, cook until soft.
- Add remaining ingredients.
- Simmer 1.5 hours or until lamb and potatoes are tender.

Serve in [Love and Sourdough Bread Bowls!](#)

