



## Fall Farmhouse Suet Cakes for Birds

Suet provides fat and calories, which are essential for birds to generate body heat and stay warm during cold winters. Hang suet cakes in mesh bags or suet feeders during cool fall and winter weather at least 5 feet off the ground and in the shade to keep it from going rancid in the sun.

**Protein Base:** Beef Suet | **Method:** No-Bake (chill to set)

**Yield:** About 4–6 suet cakes (depending on mold size)

### Ingredients

- 2 cups beef suet, finely chopped
- 2 cups birdseed mix (sunflower, millet, cracked corn, etc.)
- ½ cup unsalted peanuts, chopped (or other unsalted nuts)
- ½ cup dried fruit (cranberries, raisins, or chopped apples)
- Optional: ½ cup rolled oats or cornmeal (for binding and texture)



### Instructions

#### Step 1: Render the Suet

1. Place chopped suet in a saucepan over low heat.
2. Slowly melt, stirring occasionally, until liquid fat separates from solids.
3. Strain through a fine mesh sieve to remove impurities.
4. Allow to cool slightly but not solidify.

#### Step 2: Mix the Suet Cake Ingredients

1. In a large bowl, combine birdseed, nuts, dried fruit, and oats/cornmeal (if using).
2. Pour warm liquid suet over the mixture. Stir until well-coated.

#### Step 3: Shape the Suet Cakes

1. Line muffin tins, loaf pans, or small plastic containers with parchment paper.
2. Spoon mixture into molds, pressing firmly so ingredients stick together.
3. Insert a loop of twine into each if you'd like to hang them or leave solid for tray feeders.

#### Step 4: Chill & Set

1. Refrigerate or freeze for several hours until solid.
2. Remove from molds and store in freezer until ready to use.

